

United Way of Greater Cincinnati
Volunteer & Go Guide

January - March 2010



**HOW TO
LIVE UNITED**
JOIN HANDS.
OPEN YOUR HEART.
LEND YOUR MUSCLE.
FIND YOUR VOICE.
GIVE 10% GIVE 100%
GIVE 110%.
GIVE AN HOUR.
GIVE A DAY.

GIVE. ADVOCATE. VOLUNTEER.

LIVE UNITED™



LIVE UNITED™



**United Way
of Greater Cincinnati**

Dear Community Volunteer:

Thank you for your interest in helping to make lasting change in our community by seeking volunteer opportunities in our region. This is just one way that you, your family or your group can show that you LIVE UNITED by helping to advance the common good by creating opportunities for a good life for others.

You will also build teamwork and morale as you see first-hand how your United Way dollars are helping ensure that children are prepared for school and life and that families and individuals are safe, healthy and financially stable.

We are proud to bring you these many ideas to help you get involved and make a difference. This guide can help you determine areas where you can best use your time and talents to make an impact in the areas of education, income and health.

Whether volunteering just one time or on a regular basis, you can reap enormous benefits. You can learn new skills, face new challenges, and, most importantly, make a difference in the lives of others.

Thank you for your commitment to improving the quality of life in our region.

A handwritten signature in black ink, appearing to read "Rob Reifsnyder".

Robert C. Reifsnyder
President and CEO,
United Way of Greater Cincinnati

Table of Contents

About United Way of Greater Cincinnati	Page 3
Other Ways to Get Involved	Page 4
January Volunteer Opportunities	Page 5
February Volunteer Opportunities	Page 10
March Volunteer Opportunities	Page 15

This guide is a listing of one-time volunteer opportunities, special events or a series of events. Please visit our Web site at www.uwgc.org/volunteer to view our full selection of volunteer opportunities.

For more information or questions e-mail volunteer@uwgc.org or call United Way 211 (dial 2-1-1).

About United Way of Greater Cincinnati

There are basic things we all need for a good life – a quality education that leads to a stable job, income that supports a family, and good health. United Way works each and every day to make these building blocks for a better life for all a reality throughout the Greater Cincinnati region.

Our *Agenda for Community Impact* guides us toward achieving these goals:

EDUCATION

- More than 5,500 children participated in quality rated early child care education programs supported by United Way funding.
- **90% of children participating in Every Child Succeeds home visitation programs are on target in their physical, language, and social and emotional development (n=2,438).**
- 93% of children in the YWCAHIPPY program demonstrate age-appropriate language and cognitive skills.
- 99% of participants in Big Brothers Big Sisters of Greater Cincinnati mentoring programs remained in school.
- 97% of youth in United Way-funded academic focused youth programs achieve grade promotion.

INCOME

- **More than \$27 million has been returned to more than 22,000 families through the Regional Earned Income Tax Credit Initiative over the last three years.**
- **1,851 individuals in United Way-funded workforce programs obtained jobs.**
- 80% of families receiving foreclosure counseling from HOME avoided foreclosure.
- **65,910 individuals/families received food that met their basic needs.**

HEALTH

- 2,420 seniors received home-delivered meals that helped them stay in their homes.
- **Social rehabilitation, career and employment related services were provided to 2,540 people with disabilities.**
- Through the Counseling Collaborative's efforts, 1,444 individuals/families received quality services leading to a more stable life.
- 85% of 1,290 callers to The Coping Connection at Cancer Family Care, a United Way agency partner, had a plan of action developed by the end of the call.

Other Ways to Get Involved

United Way of Greater Cincinnati's *The Volunteer Connection* makes volunteering fun, easy and accessible to individuals, families, groups, and corporations. Discover how rewarding volunteering can be – whether you're 18 or 80, a high school student or a retiree, part of a community service group or a corporate president. You'll know you have improved lives, and when you reach out a hand to one, you influence the condition of all.

Board Orientation and Leadership Development (BOLD)

BOLD is a course designed for people with limited board experience and is Cincinnati's most comprehensive board training program. More than 400 BOLD graduates have been serving on Greater Cincinnati and Northern Kentucky's nonprofit boards and committees. The spring session of BOLD begins on March 25, register before February 12 to receive a discount on tuition!

www.uwgc.org/bold

BoardBank

Referral service for those interested in serving on a nonprofit board or committee. The skills and abilities of leadership volunteers are matched with the board and committee needs of non-profit agencies.

www.uwgc.org/boardbank

Community Care Days

Many hands make light work. You and your co-workers have the power to advance the common good by volunteering to undertake a project at a local agency. It will give you the opportunity to build teamwork and morale in your company while helping the community to be a better place. You can do anything from landscaping or painting to putting on a puppet show for kids. Get involved and show the community you care. In 2009, 170 companies provided more than 5,000 volunteers and completed 502 projects at 82 local agencies. To find out how your group can get involved, contact Michelle Rummel at 513-762-7159 or e-mail michelle.rummel@uwgc.org.

www.uwgc.org/communitycaredays

Experience Matters

Provides volunteer opportunities and support for those entering retirement and for all retirees. Promotes continued contribution to the community through use of their skills, abilities and experience through volunteer service.

www.uwgc.org/experiencematters

Youth Engaged in Service (YES)

Connects high school students from Greater Cincinnati and Northern Kentucky in the spirit of volunteerism. Members receive hands-on experience by participating in monthly service projects and gain invaluable leadership skills, while fulfilling service requirements. To sign up for one of our upcoming YES projects contact Nickol Mora at 513-762-7235 or e-mail nickol.mora@uwgc.org.

www.uwgc.org/yes or find us on Facebook at www.facebook.com/UWYES.

YPs for UWGC

Young Professionals for United Way of Greater Cincinnati is an opportunity for young professionals to share how they are working to change things for the better in Greater Cincinnati.

www.facebook.com/YPsforUWGC

For more information:

Visit www.uwgc.org/volunteer to search hundreds of local opportunities or download an electronic copy of the latest *Volunteer & Go Guide*. For questions call United Way 211 (dial 2-1-1) or e-mail volunteer@uwgc.org.

Sign up for any of these opportunities online by going to www.uwgc.org/volunteer

January 2010

Freestore Foodbank

Provides food, products and services to help people overcome barriers to their basic survival needs and further their self-reliance.

Location: Cincinnati, OH 45202

Contact: Margaret Walker, Phone: 513-482-7543, E-mail: volunteerservices@freestorefoodbank.org

- **Tuesdays and Thursdays in January, 9 a.m. – 3 p.m.**

Back On Track Clothing Room

Back on Track Clothing provides emergency and work-related clothing for individuals and families. Activity involves sorting through clothes, placing them on hangers and racks, and servicing clients. Tuesdays and Thursdays, 9 a.m. - 3 p.m.

Minimum Age: 18

Size: Individual

Imago, Inc.

A grassroots community-based, urban ecological education organization committed to living in harmony with the Earth and its people.

Location: Cincinnati, OH 45205

Contact: Chris Clements, Phone: 513-921-5124, E-mail: cclements@imagoearth.org

- **January 2**

Habitat Restoration

Join us and work outside! Become part of the habitat restoration group, which meets the first Saturday of every month from 9 a.m. to noon. Volunteers will engage in beautification projects on our 16-acre nature preserve. Tasks may include mulching trails, trimming branches, pulling weeds, planting flowers, and other trail maintenance related work. None of the tasks require skilled labor or previous experience in trail work/environmental work. We work rain or shine.

Minimum Age: Any

Size: Individual or Group

Brookside Extended Care Center

Coordinates services and support for individuals with moderate to profound mental retardation and developmental and physical disabilities.

Location: Cincinnati, OH 45231

Contact: Lee Ann Stockman, Phone: 513-398-1020, E-mail: lstockman@brookside-care.net

- **January 2, 9, 16, 23, 30**

Have fun while assisting residents with adaptive bowling on Saturdays, October through April 10. You can volunteer every Saturday or on Saturdays of your choice. Transportation is provided from Brookside or you can meet at Brentwood Bowl, 9176 Winton Road.

Minimum Age: 10

Size: Individual or Group

Girl Scouts of Western Ohio

Girl Scouts of Western Ohio serves approximately 55,000 girls in a 32-county area in western Ohio and southeast Indiana. More than 15,000 trained adult volunteers work to provide services and deliver the program to girls. We are dedicated to encouraging a

Location: Various locations in Cincinnati

Contact: Cheryl Shrider, Phone: 513-619-1424, E-mail: cherylshrider@girlscoutsofwesternohio.org

- **January 5, 7, 8, 12, 14, 15, 19, 21, 22, 26, 28, 29**

Work with girls along side the Girl Scout Staff to bring the Girl Scout program to girls during their school day. Commit to 1 day or weekly in a 1-2 hour time slot. Curriculum topic we are using within the Girl Scout program are conflict resolution, self-esteem, health and wellness.

Choose 1-hour time slots or participate all day at the following locations:

Tuesdays, 7:30 a.m. - 4:00 p.m. at W.E.B. DuBois - Downtown Cincinnati on Central Parkway & Findlay

Thursdays, 8:30 - 3:00 p.m. at Roberts Paideia - Price Hill

Fridays, 8:00 - 2:00 p.m. at Carson Elementary - Price Hill

Minimum Age: 18

Size: Individual or Group

Stepping Stones Center

Provides opportunities for children and adults with disabilities that increase independence and promote inclusion within the Greater Cincinnati Northern Kentucky community.

Location: Batavia, OH 45103

Contact: Sarah Woeber, Phone: 513-831-4660 x 26, E-mail: sarah.bosley@steppingstonescenter.org

- **January 8 - 10**

January 15 - 17

Respite Camp Weekends

From October - April, the second and third weekends are opportunities for disabled campers to spend time at Camp Allyn in Batavia. Volunteers provide support and assistance where necessary, and enjoy the overnight camp experience from Friday night to Sunday afternoon. Regular camp events like campfires, sing-alongs, games, hikes, and outdoor projects are part of the fun. Students can earn 30 hours community service credit per respite weekend.

Minimum Age: 15

Size: Individual

Shoulder To Shoulder, Inc.

Provides assistance to the poor and needy including food, clothing, shelter, medical, vocational, educational, counseling and related services.

Location: Florence, KY 41042

Contact: Melissa Eames, Phone: 859-371-0444, E-mail: Melissa@ShoulderToShoulderInc.org

- **January 9**

Isaiah Project

Bring relief to the destructive pressures of living in poverty for as many of its Northern Kentucky victims as possible through short-term aid and long-term impactful relationships. Volunteers will distribute hot lunch, groceries, diapers, clothing and furniture to low income families. Load supplies stored at church facility into cars, trucks and vans. Drive to 7th and Patterson in Newport and distribute the items from the Marguerite Robinson Community Center parking lot. This is an outdoor event; volunteers should dress for weather conditions.

Minimum Age: 14

Size: Individual or Group

Sign up for any of these opportunities online by going to www.uwgc.org/volunteer

Stepping Stones Center

Provides opportunities for children and adults with disabilities that increase independence and promote inclusion within the Greater Cincinnati Northern Kentucky community.

Location: Batavia, OH 45103

Contact: Sarah Woeber, Phone: 513-831-4660 x 26, E-mail: sarah.bosley@steppingstonescenter.org

- **January 9**

Saturday Kids Club

Volunteers are given the opportunity to participate twice monthly with participants 6 – 16 years old at our Indian Hill campus. Volunteers work “hands on” with participants and participate in swimming, sports, games, hiking, and art & crafts. Kids Club is held from 9 a.m. to 3 p.m. and volunteers are encouraged to pack a lunch. All volunteers must complete an application, provide references, attend training, and meet other requirements as mandated by agency policies and procedures.

Minimum Age: 16

Size: Individual or Group

United Way of Greater Cincinnati

United Way is a leader and community catalyst mobilizing the caring power of individuals and organizations to help people measurably improve their lives. The Regional Earned Income Tax Credit Initiative provides free tax preparation and financial literacy education for families who may be eligible to take advantage of the Earned Income Tax Credit and the Child Tax Credit.

Location: Various locations in Hamilton County, Butler County, and Northern Kentucky

Contact: Tiffany Vitagliano, Phone: 513-762-7175, E-mail: tiffany.vitagliano@uwgc.org

- **January 9, 16, 23**

Prepare Taxes to Help Hardworking Families

As a volunteer for United Way's Earned Income Tax Credit Initiative you can help hardworking families get more of their own money back by preparing taxes (with the assistance of user friendly computer software) at one of our local tax sites. Volunteers can serve days, nights or weekends at one of 33 local sites. To sign up or view training dates, times and locations, visit www.makeworkpay.com/trainings

Minimum Age: 18

Size: Individual

The Salvation Army of Greater Cincinnati

Provides family counseling, services to transients, emergency assistance, temporary lodging for families, camp programs, adult and child daycare, emergency disaster services and youth programs.

Location: Cincinnati, OH 45202

Contact: Darryl Fudge, Phone: 513-762-5684, E-mail: Darryl.Fudge@USE.Salvationarmy.org

- **January 10, 31**

Each Sunday, the Salvation Army serves a meal to nearly 200 homeless individuals in the area. Volunteers will help prepare the meal, set up the room, serve the meal, and help with clean up.

Minimum Age: 13

Size: Individual or Group

Little Brothers - Friends of the Elderly

Provides services designed to relieve isolation and loneliness among the elderly.

Location: Cincinnati, OH 45239

Contact: Karen D'Alessandro, Phone: 513-542-7555, E-mail: kdalessandro.cin@littlebrothers.org

- **January 14**

Third Thursday Program Drivers Needed

On the Third Thursday of each month, we invite residents of area nursing homes to our facility for lunch and entertainment. Home cooked meals are provided along with a wide variety of entertainment including singers, therapy dogs, naturalists from the park, etc. Volunteers will pick these folks up from their nursing home, bring them to our facility, assist them if needed and basically enjoy the program with them. The volunteers will then drive the participants back to their residence.

Minimum Age: 16

Size: Individual

Life Learning Center

Prepares individuals who demonstrate a commitment to stable employment for full-time productive careers through education, training and life coaching.

Location: Covington, KY 41011

Contact: Brenda Pair, Phone: 859-431-0100 x 112, E-mail: BPAIR@NKYLLC.ORG

- **January 14, 21, 28**

Bring a prepared meal to serve to 25 - 30 members of the Continuing Education Classes at Life Learning Center on Thursday evenings.

Minimum Age: 12

Size: Group

Cincinnati Nature Center

Inspires passion for nature and promotes environmentally responsible choices through experience, education, and stewardship to ensure a sustainable future.

Location: Milford, OH 45150

Contact: Sarah Holland, Phone: 513-831-1711 x 128, E-mail: sholland@cincynature.org

- **January 16**

Adopt-A-Highway

Help keep Cincinnati Nature Center's road beautiful by assisting our adopt-a-highway team in picking up litter along Tealtown Road. The team meets at the Rowe Woods visitor center every third Saturday of the month, 8:45 – 11 a.m.

Minimum Age: 16

Size: Individual or Group

People Working Cooperatively, Inc.

Provides repair and maintenance services to low-income homeowners and to homeowners with

Location: Cincinnati, OH 45229

Contact: Rachel Haffey, Phone: 513-351-7921, E-mail: haffeyr@pwchomerepairs.org

- **January 16**

Home Improvement Saturday

Every third Saturday of the month, provide simple home maintenance and yard work for very low-income homeowners in Greater Cincinnati. Volunteers meet at the People Working Cooperatively location on Paddock Road at 8:30 a.m. to get their assignments. Please let us know if you plan to attend 2 weeks ahead of time. Knowledge of plumbing or carpentry is useful but not required.

Minimum Age: 18

Size: Individual or Group

Cincinnati Museum Center Union Terminal

Collects and preserves knowledge, stimulates curiosity and promotes enjoyment of learning to inspire all people to understand and appreciate natural history, science, and regional history and to support the development of children.

Location: Cincinnati, OH 45203

Contact: Lauren Scallon, Phone: 513-287-7072, E-mail: lscallon@cincymuseum.org

- **January 16-17**

African Culture Fest

Culture Fest shift hours for greeters, passport program and roaming:

Saturday: 9:45 a.m.-12 p.m., 11:45 a.m.-2:45 p.m., 2:30-5 p.m.

Sunday: 10:45 a.m.-1 p.m., 12:45-3:45 p.m., 3:30-6 p.m.

Minimum Age: 18

Size: Individual or Group

February 2010

Freestore Foodbank

Provides food, products and services to help people overcome barriers to their basic survival needs and further their self-reliance.

Location: Cincinnati, OH 45202

Contact: Margaret Walker, Phone: 513-482-7543, E-mail: volunteerservices@freestorefoodbank.org

- **Tuesdays and Thursdays in February, 9 a.m. – 3 p.m.**

Back On Track Clothing Room

Back on Track Clothing provides emergency and work-related clothing for individuals and families. Activity involves sorting through clothes, placing them on hangers and racks, and servicing clients. Tuesdays & Thursdays 9 a.m. - 3 p.m.

Minimum Age: 18

Size: Individual

Girl Scouts of Western Ohio

Girl Scouts of Western Ohio serves approximately 55,000 girls in a 32-county area in western Ohio and southeast Indiana. More than 15,000 trained adult volunteers work to provide services and deliver the program to girls. We are dedicated to encouraging a

Location: Cincinnati, OH 45242

Contact: Cheryl Shrider, Phone: 513-619-1424, E-mail: cherylshrider@girlscoutsofwesternohio.org

- **February 2, 4, 5, 9, 11, 12, 18, 19, 23, 25, 26**

Work with girls along side the Girl Scout Staff to bring the Girl Scout program to girls during their school day. Commit to 1 day or weekly in a 1-2 hour time slot. Curriculum topic we are using within the Girl Scout program are conflict resolution, self-esteem, health and wellness.

Choose 1-hour time slots or participate all day at the following locations:

Tuesdays, 7:30 a.m. - 4:00 p.m. at W.E.B. DuBois - Downtown Cincinnati on Central Parkway & Findlay

Thursdays, 8:30 - 3:00 p.m. at Roberts Paideia - Price Hill

Fridays, 8:00 - 2:00 p.m. at Carson Elementary - Price Hill

Minimum Age: 18

Size: Individual or Group

Life Learning Center

Prepares individuals who demonstrate a commitment to stable employment for full-time productive careers through education, training and life coaching.

Location: Covington, KY 41011

Contact: Brenda Pair, Phone: 859-431-0100 x 112, E-mail: BPAIR@NKYLLC.ORG

- **February 4, 11, 18, 25**

Bring a prepared meal to serve to 25 - 30 members of the Continuing Education Classes at Life Learning Center on Thursday evenings.

Minimum Age: 12

Size: Group

Dress for Success Cincinnati

Provides appropriate business attire to women with low income who are seeking employment. Helps women build a career and a future.

Location: Cincinnati, OH 45202

Contact: Kelly Collison, Phone: 513-651-3372, E-mail: volunteers@dfscincy.org

- **February 6**

Suit Drive Saturdays Donation Assistants

Help the agency get donated clothing ready for sale. Assist with arranging, sorting and sizing donated items received in the last clothing drive. Orientation and training are provided.

Minimum Age: 16

Size: Individual

Imago, Inc.

A grassroots community-based, urban ecological education organization committed to living in harmony with the Earth and its people.

Location: Cincinnati, OH 45205

Contact: Chris Clements, Phone: 513-921-5124, E-mail: cclements@imagoearth.org

- **February 6**

Habitat Restoration

Join us and work outside! Become part of the habitat restoration group, which meets the first Saturday of every month from 9 a.m. to noon. Volunteers will engage in beautification projects on our 16-acre nature preserve. Tasks may include mulching trails, trimming branches, pulling weeds, planting flowers, and other trail maintenance related work. None of the tasks require skilled labor or previous experience in trail work/environmental work. We work rain or shine.

Minimum Age: Any

Size: Individual or Group

Stepping Stones Center

Provides opportunities for children and adults with disabilities that increase independence and promote inclusion within the Greater Cincinnati Northern Kentucky community.

Location: Cincinnati, OH 45243

Contact: Sarah Woeber, Phone: 513-831-4660 x 26, E-mail: sarah.bosley@steppingstonescenter.org

- **February 6**

Saturday Kids Club

Volunteers are given the opportunity to participate twice monthly with participants 6 – 16 years old at our Indian Hill campus. Volunteers work “hands on” with participants and participate in swimming, sports, games, hiking, and art & crafts. Kids Club is held from 9 a.m. to 3 p.m. and volunteers are encouraged to pack a lunch. All volunteers must complete an application, provide references, attend training, and meet other requirements as mandated by agency policies and procedures.

Minimum Age: 16

Size: Individual or Group

Brookside Extended Care Center

Coordinates services and support for individuals with moderate to profound mental retardation and developmental and physical disabilities.

Location: Cincinnati, OH 45231

Contact: Lee Ann Stockman, Phone: 513-398-1020, E-mail: lstockman@brookside-care.net

- **February 6, 13, 20, 27**

Have fun while assisting residents with adaptive bowling on Saturdays, October through April 10. You can volunteer every Saturday or on Saturdays of your choice. Transportation is provided from Brookside or you can meet at Brentwood Bowl, 9176 Winton Road.

Minimum Age: 10

Size: Individual or Group

Sign up for any of these opportunities online by going to www.uwgc.org/volunteer

The Salvation Army of Greater Cincinnati

Provides family counseling, services to transients, emergency assistance, temporary lodging for families, camp programs, adult and child daycare, emergency disaster services and youth programs.

Location: Cincinnati, OH 45202

Contact: Darryl Fudge, Phone: 513-762-5684, E-mail: Darryl.Fudge@USE.Salvationarmy.org

- **February 7, 14, 21, 28**

Each Sunday, the Salvation Army serves a meal to nearly 200 homeless individuals in the area. Volunteers will help prepare the meal, set up the room, serve the meal, and help with clean up.

Minimum Age: 13

Size: Individual or Group

Stepping Stones Center

Provides opportunities for children and adults with disabilities that increase independence and promote inclusion within the Greater Cincinnati Northern Kentucky community.

Location: Batavia, OH 45103

Contact: Sarah Woeber, Phone: 513-831-4660 x 26, E-mail: sarah.bosley@steppingstonescenter.org

- **February 12 - 14**

February 19 - 21

From October - April, the second and third weekends are opportunities for disabled campers to spend time at Camp Allyn in Batavia. Volunteers provide support and assistance where necessary, and enjoy the overnight camp experience from Friday night to Sunday afternoon. Regular camp events like campfires, sing-alongs, games, hikes, and outdoor projects are part of the fun. Students can earn 30 hours community service credit per respite weekend.

Minimum Age: 15

Size: Individual

Shoulder To Shoulder, Inc.

Provides assistance to the poor and needy including food, clothing, shelter, medical, vocational, educational, counseling and related services.

Location: Florence, KY 41042

Contact: Melissa Eames, Phone: 859-371-0444, E-mail: Melissa@ShoulderToShoulderInc.org

- **February 13**

Isaiah Project

Bring relief to the destructive pressures of living in poverty for as many of its Northern Kentucky victims as possible through short-term aid and long-term impactful relationships. Volunteers will distribute hot lunch, groceries, diapers, clothing and furniture to low income families. Load supplies stored at church facility into cars, trucks and vans. Drive to 7th and Patterson in Newport and distribute the items from the Marguerite Robinson Community Center parking lot. This is an outdoor event; volunteers should dress for weather conditions.

Minimum Age: 14

Size: Individual or Group

Little Brothers - Friends of the Elderly

Provides services designed to relieve isolation and loneliness among the elderly.

Location: Cincinnati, OH 45239

Contact: Karen D'Alessandro, Phone: 513-542-7555, E-mail: kdalessandro.cin@littlebrothers.org

- **February 18**

Third Thursday Program Drivers Needed

On the Third Thursday of each month, we invite residents of area nursing homes to our facility for lunch and entertainment. Home cooked meals are provided along with a wide variety of entertainment including singers, therapy dogs, naturalists from the park, etc. Volunteers will pick these folks up from their nursing home, bring them to our facility, assist them if needed and basically enjoy the program with them. The volunteers will then drive the folks back to their residence.

Minimum Age: 16

Size: Individual

Cincinnati Nature Center

Inspires passion for nature and promotes environmentally responsible choices through experience, education, and stewardship to ensure a sustainable future.

Location: Milford, OH 45150

Contact: Sarah Holland, Phone: 513-831-1711 x 128, E-mail: sholland@cincynature.org

- **February 20**

Adopt-A-Highway

Help keep Cincinnati Nature Center's road beautiful by assisting our adopt-a-highway team in picking up litter along Tealtown Road. The team meets at the Rowe Woods visitor center every third Saturday of the month, 8:45 – 11 a.m.

Minimum Age: 16

Size: Individual or Group

People Working Cooperatively, Inc.

Provides repair and maintenance services to low-income homeowners and to homeowners with

Location: Cincinnati, OH 45229

Contact: Rachel Haffey, Phone: 513-351-7921, E-mail: haffeyr@pwchomerepairs.org

- **February 20**

Home Improvement Saturday

Every third Saturday of the month, provide simple home maintenance and yard work for very low-income homeowners in Greater Cincinnati. Volunteers meet at the People Working Cooperatively location on Paddock Road at 8:30 a.m. to get their assignments. Please let us know if you plan to attend 2 weeks ahead of time. Knowledge of plumbing or carpentry is useful but not required.

Minimum Age: 18

Size: Individual or Group

Cincinnati Museum Center Union Terminal

Collects and preserves knowledge, stimulates curiosity and promotes enjoyment of learning to inspire all people to understand and appreciate natural history, science, and regional history and to support the development of children.

Location: Cincinnati, OH 45203

Contact: Lauren Scallon, Phone: 513-287-7072, E-mail: lscallon@cincymuseum.org

- **February 20-21**

Appalachian Culture Fest

Culture Fest shift hours for greeters, passport program and roaming:

Saturday: 9:45 a.m.-12 p.m., 11:45 a.m.-2:45 p.m., 2:30-5 p.m.

Sunday: 10:45 a.m.-1 p.m., 12:45-3:45 p.m., 3:30-6 p.m.

Shifts are flexible, but these are the preferred times. Volunteers may always choose to work more than one shift. New Volunteers should meet at the Passport table at the front of the Rotunda fifteen minutes before their shift is scheduled to start.

Minimum Age: 18

Size: Individual or Group

March 2010

Freestore Foodbank

Provides food, products and services to help people overcome barriers to their basic survival needs and further their self-reliance.

Location: Cincinnati, OH 45202

Contact: Margaret Walker, Phone: 513-482-7543, E-mail: volunteerservices@freestorefoodbank.org

- **Tuesdays and Thursdays in March, 9 a.m. – 3 p.m.**

Back On Track Clothing Room

Back on Track Clothing provides emergency and work-related clothing for individuals and families. Activity involves sorting through clothes, placing them on hangers and racks, and servicing clients.

Minimum Age: 18

Size: Individual

Life Learning Center

Prepares individuals who demonstrate a commitment to stable employment for full-time productive careers through education, training and life coaching.

Location: Covington, KY 41011

Contact: Brenda Pair, Phone: 859-431-0100 x 112, E-mail: BPAIR@NKYLLC.ORG

- **March 4, 11, 18, 25**

Bring a prepared meal to serve to 25 - 30 members of the Continuing Education Classes at Life Learning Center on Thursday evenings.

Minimum Age: 12

Size: Group

Cincinnati Museum Center Union Terminal

Collects and preserves knowledge, stimulates curiosity and promotes enjoyment of learning to inspire all people to understand and appreciate natural history, science, and regional history and to support the development of children.

Location: Cincinnati, OH 45203

Contact: Lauren Scallon, Phone: 513-287-7072, E-mail: lscallon@cincymuseum.org

- **March 6**

Learning Through Play Early Childhood Conference Volunteer

Learning Through Play Shift Hours: 8:30-12:30 and 12:30-4:30

Shifts are flexible. Volunteers may always choose to work more than one shift.

Volunteers will assist with registration, taking attendance in scheduled panels and assisting presenters with various tasks during the conference.

Minimum Age: 18

Size: Individual or Group

Dress for Success Cincinnati

Provides appropriate business attire to women with low income who are seeking employment. Helps women build a career and a future.

Location: Cincinnati, OH 45202

Contact: Kelly Collison, Phone: 513-651-3372, E-mail: volunteers@dfscincy.org

- **March 6**

Suit Drive Saturdays Donation Assistants

Help the agency get donated clothing ready for sale. Assist with arranging, sorting and sizing donated items received in the last clothing drive. Orientation and training are provided.

Minimum Age: 16

Size: Individual

Sign up for any of these opportunities online by going to www.uwgc.org/volunteer

Imago, Inc.

A grassroots community-based, urban ecological education organization committed to living in harmony with the Earth and its people.

Location: Cincinnati, OH 45205

Contact: Chris Clements, Phone: 513-921-5124, E-mail: cclements@imagoearth.org

- **March 6**

Habitat Restoration

Join us and work outside! Become part of the habitat restoration group, which meets the first Saturday of every month from 9 a.m. to noon. Volunteers will engage in beautification projects on our 16-acre nature preserve. Tasks may include mulching trails, trimming branches, pulling weeds, planting flowers, and other trail maintenance related work. None of the tasks require skilled labor or previous experience in trail work/environmental work. We work rain or shine.

Minimum Age: Any

Size: Individual or Group

Stepping Stones Center

Provides opportunities for children and adults with disabilities that increase independence and promote inclusion within the Greater Cincinnati Northern Kentucky community.

Location: Cincinnati, OH 45243

Contact: Sarah Woeber, Phone: 513-831-4660 x 26, E-mail: sarah.bosley@steppingstonescenter.org

- **March 6**

Saturday Kids Club

Volunteers are given the opportunity to participate twice monthly with participants 6 – 16 years old at our Indian Hill campus. Volunteers work “hands on” with participants and participate in swimming, sports, games, hiking, and art & crafts. Kids Club is held from 9 a.m. to 3 p.m. and volunteers are encouraged to pack a lunch. All volunteers must complete an application, provide references, attend training, and meet other requirements as mandated by agency policies and procedures.

Minimum Age: 16

Size: Individual or Group

Brookside Extended Care Center

Coordinates services and support for individuals with moderate to profound mental retardation and developmental and physical disabilities.

Location: Cincinnati, OH 45231

Contact: Lee Ann Stockman, Phone: 513-398-1020, E-mail: lstockman@brookside-care.net

- **March 6, 13, 20, 27**

Have fun while assisting residents with adaptive bowling on Saturdays, October through April 10. You can volunteer every Saturday or on Saturdays of your choice. Transportation is provided from Brookside or you can meet at Brentwood Bowl, 9176 Winton Road.

Minimum Age: 10

Size: Individual or Group

The Salvation Army of Greater Cincinnati

Provides family counseling, services to transients, emergency assistance, temporary lodging for families, camp programs, adult and child daycare, emergency disaster services and youth programs.

Location: Cincinnati, OH 45202

Contact: Darryl Fudge, Phone: 513-762-5684, E-mail: Darryl.Fudge@USE.Salvationarmy.org

- **March 7, 14, 21, 28**

Each Sunday, the Salvation Army serves a meal to nearly 200 homeless individuals in the area. Volunteers will help prepare the meal, set up the room, serve the meal, and help with clean up.

Minimum Age: 13

Size: Individual or Group

Sign up for any of these opportunities online by going to www.uwgc.org/volunteer

Stepping Stones Center

Provides opportunities for children and adults with disabilities that increase independence and promote inclusion within the Greater Cincinnati Northern Kentucky community.

Location: Batavia, OH 45103

Contact: Sarah Woeber, Phone: 513-831-4660 x 26, E-mail: sarah.bosley@steppingstonescenter.org

- **March 12 - 14,**

- March 19 - 21**

- Respite Camp Weekends*

- From October - April, the second and third weekends are opportunities for disabled campers to spend time at Camp Allyn in Batavia. Volunteers provide support and assistance where necessary, and enjoy the overnight camp experience from Friday night to Sunday afternoon. Regular camp events like campfires, sing-alongs, games, hikes, and outdoor projects are part of the fun. Students can earn 30 hours community service credit per respite weekend.

- Minimum Age:** 15

- Size:** Individual

Epilepsy Foundation of Greater Cincinnati, Inc.

Provides counseling services for people with epilepsy and their families; community education; employment program; social adjustment skills; support groups; children's summer camp.

Location: Cincinnati, OH 45202

Contact: Mark Findley, Phone: 513-721-2905, E-mail: Mark.Findley@cincinnati-epilepsy.org

- **March 13**

- Emerald Miles 5K Run/Walk*

- Join the Epilepsy Foundation of Greater Cincinnati as we host our 10th Annual Emerald Miles 5K Run/Walk. The location of the event is Newport on the Levee in Northern Kentucky. Volunteers are needed from 7 to 11 a.m. to help with registration, finish line and course navigation.

- Minimum Age:** 16

- Size:** Individual or Group

Shoulder To Shoulder, Inc.

Provides assistance to the poor and needy including food, clothing, shelter, medical, vocational, educational, counseling and related services.

Location: Florence, KY 41042

Contact: Melissa Eames, Phone: 859-371-0444, E-mail: Melissa@ShoulderToShoulderInc.org

- **March 13**

- Isaiah Project*

- Bring relief to the destructive pressures of living in poverty for as many of its Northern Kentucky victims as possible through short-term aid and long-term impactful relationships. Volunteers will distribute hot lunch, groceries, diapers, clothing and furniture to low income families. Load supplies stored at church facility into cars, trucks and vans. Drive to 7th and Patterson in Newport and distribute the items from the Marguerite Robinson Community Center parking lot. This is an outdoor event; volunteers should dress for weather conditions.

- Minimum Age:** 14

- Size:** Individual or Group

Cincinnati Museum Center Union Terminal

Collects and preserves knowledge, stimulates curiosity and promotes enjoyment of learning to inspire all people to understand and appreciate natural history, science, and regional history and to support the development of children.

Location: Cincinnati, OH 45203

Contact: Lauren Scallon, Phone: 513-287-7072, E-mail: lscallon@cincymuseum.org

- **March 13-14**

Celtic Lands Culture Fest

Culture Fest Shift Hours for greeters, passport program and roaming:

Saturday: 9:45 a.m.-12 p.m., 11:45 a.m.-2:45 p.m., 2:30-5 p.m.

Sunday: 10:45 a.m.-1 p.m., 12:45-3:45 p.m., 3:30-6 p.m.

Shifts are flexible, but these are the preferred times. Volunteers may always choose to work more than one shift. New Volunteers should meet at the Passport table at the front of the Rotunda 15 minutes before their shift is scheduled to start.

Minimum Age: 18

Size: Individual or Group

Little Brothers - Friends of the Elderly

Provides services designed to relieve isolation and loneliness among the elderly.

Location: Cincinnati, OH 45239

Contact: Karen D'Alessandro, Phone: 513-542-7555, E-mail: kdalessandro.cin@littlebrothers.org

- **March 18**

Third Thursday Program Drivers Needed

On the Third Thursday of each month we invite residents of area nursing homes to our facility for lunch and entertainment. Home cooked meals are provided along with a wide variety of entertainment including singers, therapy dogs, naturalists from the park, etc. Volunteers will pick these folks up from their nursing home, bring them to our facility, assist them if needed and basically enjoy the program with them. The volunteers will then drive the participants back to their residence.

Minimum Age: 16

Size: Individual

Cincinnati Nature Center

Inspires passion for nature and promotes environmentally responsible choices through experience, education, and stewardship to ensure a sustainable future.

Location: Milford, OH 45150

Contact: Sarah Holland, Phone: 513-831-1711 x 128, E-mail: sholland@cincynature.org

- **March 20**

Adopt-A-Highway

Help keep Cincinnati Nature Center's road beautiful by assisting our adopt-a-highway team in picking up litter along Tealtown Road. The team meets at the Rowe Woods visitor center every third Saturday of the month, 8:45 – 11 a.m.

Minimum Age: 16

Size: Individual or Group

People Working Cooperatively, Inc.

Provides repair and maintenance services to low-income homeowners and to homeowners with

Location: Cincinnati, OH 45229

Contact: Rachel Haffey, Phone: 513-351-7921, E-mail: haffeyr@pwchomerepairs.org

- **March 20**

Home Improvement Saturday

Every third Saturday of the month, provide simple home maintenance and yard work for very low-income homeowners in Greater Cincinnati. Volunteers meet at the People Working Cooperatively location on Paddock Road at 8:30 a.m. to get their assignments. Please let us know if you plan to attend 2 weeks ahead of time. Knowledge of plumbing or carpentry is useful but not required.

Minimum Age: 18

Size: Individual or Group

Keep Cincinnati Beautiful

Keep Cincinnati Beautiful promotes litter prevention, recycling and community improvement and beautification through citizen action, education and strategic partnerships in the Greater Cincinnati area.

Location: Cincinnati, OH 45202

Contact: Shelly Fuller, Phone: 513-352-4385, E-mail: shelly.fuller@cincinnati-oh.gov

- **March 27**

State Roadway Cleanup

Keep Cincinnati Beautiful will be participating in the 2010 State Roadway Cleanup on March 27. We will be cleaning/picking up litter on predetermined highway exit and entrance ramps.

Minimum Age: 12

Size: Individual or Group